

Camizestrant

Care Team Contact Information: _____

Pharmacy Contact Information: _____

Diagnosis: _____

- This treatment is used for breast cancer.
- It may also be used for other reasons.
- Your care team will perform a test for a specific abnormal type of ESR1 gene to make sure camizestrant is right for you.

Goal of Treatment: _____

- Treatment may continue for a certain time period, until it no longer works, or until side effects are no longer controlled.

Treatment Regimen

Treatment Name	How the Treatment Works	How the Treatment is Given
Camizestrant (KAM-ih-ZES-trant): Etcamah (et-KAM-ah)	Slows down or stops the growth of cancer cells by blocking certain hormone receptors.	Tablet taken by mouth.

Treatment Administration and Schedule

Camizestrant is often given in combination with other treatments. Follow your care team's instructions for taking abemaciclib, palbociclib, or ribociclib.

Your camizestrant dosing instructions:

- Camizestrant comes in 1 tablet strength: 75 mg.
- Your dose might differ, but camizestrant is typically taken as one 75 mg tablet by mouth once daily.
- Take camizestrant 1 time a day, at about the same time each day.
- Take camizestrant with or without food.
- Swallow camizestrant whole. Do not cut, crush, or chew tablets before swallowing.
- Do not take camizestrant tablets that are broken, cracked, or look damaged.
- Do not change your dose or stop taking camizestrant unless your care team tells you to.
- Your care team may tell you to change your dose, temporarily stop, or completely stop taking camizestrant if you develop certain side effects.

Treatment Administration and Schedule (Continued)

- If you miss a dose of camizestrant, take it within 6 hours from the time you usually take it. If it is more than 6 hours from the time you usually take your dose, skip the dose for the day. The next day, take the dose at your usual time. Do not take two doses to make up a missed dose.
- If you vomit after taking a dose of camizestrant, do not take another dose. Take your next dose of camizestrant at your usual time.
- If you take too much camizestrant, call your care team or go to the nearest hospital emergency room right away.

Storage and Handling of Camizestrant

- Store camizestrant at room temperature between 68°F and 77°F (20°C and 25°C).
- Store camizestrant in the original bottle.
- The bottle contains a desiccant to keep tablets dry. Do not remove the desiccant from the bottle.
- Keep the bottle tightly closed to protect from moisture.
- Throw camizestrant away after 30 days if it has been stored in a bottle without a desiccant.
- Keep camizestrant and all medicines out of the reach of children and pets.
- Ask your care team how to safely throw away any unused camizestrant.

Appointments

Appointments may include regular check-ups with your care team, lab visits, and imaging tests. It's important to keep your appointments whenever you can. If you miss an appointment, call your care team as soon as possible to reschedule it.

Supportive Care to Prevent and Treat Side Effects

Description	Supportive Care Taken at Home
Supportive care used to treat or prevent side effects	

Common Side Effects

Side Effect	Important Information
Low White Blood Cell (WBC) Count (Neutropenia) and Increased Risk of Infection	Description: WBCs help protect your body from infections. A low WBC count increases your risk of infection. Recommendations: - Wash your hands often and bathe regularly. - Avoid crowded places and close contact with people who are sick. - Follow food safety and wound care advice from your care team. Talk to your care team if you have: - Fever of 100.4°F (38°C) or higher - Chills - New or worsening cough or sore throat - Painful urination or signs of a urinary infection - Feeling much more tired than usual - Red, swollen, warm, or painful areas on the skin
Low Platelet Count (Thrombocytopenia)	Description: Platelets help your blood clot and wounds heal. A low platelet count increases your risk of bruising and bleeding. Recommendations: - Blow your nose gently and avoid picking it. - Brush your teeth gently with a soft toothbrush and keep good oral hygiene. - Use an electric razor for shaving and a nail file instead of nail clippers. - Avoid over-the-counter medicines that can increase bleeding risk (for example, nonsteroidal anti-inflammatory drugs (NSAIDs) like ibuprofen). - Talk with your care team or dentist before medical or dental procedures — you may need to pause treatment. Talk to your care team if you have: - A nosebleed lasting more than 5 minutes despite pressure - A cut that continues to bleed - Heavy gum bleeding when brushing or flossing - Sudden or severe headache - Blood in your urine or stool - Blood in your spit after coughing
Low Red Blood Cell (RBC) Count and Hemoglobin (Hgb) (Anemia)	Description: Red blood cells carry oxygen throughout your body. Low levels can make you feel tired, weak, dizzy, or short of breath. Recommendations: - Aim for 7 to 8 hours of sleep each night. - Do not drive, operate heavy machinery, or do other dangerous activities if you are very tired. - Balance activity and rest — stay as active as you can, but rest when needed. - Eat a balanced diet and follow any nutrition or supplement advice from your care team. Talk to your care team if you have: - Shortness of breath - Dizziness or fainting - Fast or irregular heartbeats - Sudden or severe headache

Eye Problems	Description: Eye problems are common with this treatment and can sometimes be serious. These include blurred vision, new or increased floaters (spots or lines in your vision), flashes of light, sensitivity to light, or double vision. Rarely, eye problems can be severe and may cause partial or complete loss of vision. Recommendations: • Tell your care team right away if you develop any new or worsening eye problems. • Your care team may send you to an eye care professional to check your eyes if you develop eye problems. • You should use caution when driving or operating machinery as treatment may affect your vision. Talk to your care team if you have: • Blurred vision • Double vision • Flashes of light • Sensitivity to light • New or increased floaters (spots or lines in your vision) • Partial or complete loss of vision • Vision changes
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Select Rare Side Effects

Side Effect	Talk to Your Care Team if You Have Any of These Signs or Symptoms	
Changes in the Electrical Activity of Your Heart Called QT Prolongation (Boxed Warning)	QT prolongation can cause irregular heartbeats that can be life-threatening. • Feel faint, lightheaded, dizzy	
Slow Heartbeat (Bradycardia)	• Dizziness or lightheadedness • Fainting or near-fainting • Chest pain	• Fast or irregular heartbeat • Shortness of breath • Confusion or memory problems • Weakness, extreme tiredness

Before starting treatment, ask your care team when to call 9-1-1 or seek emergency help.
If you experience any new, worsening, or uncontrolled side effects, contact your care team immediately.

Intimacy, Fertility, Pregnancy, and Breastfeeding

- Treatment may **change how you feel about intimacy and your body**. However, physical closeness—such as holding hands and hugging—remains safe. It is common to have questions about intimacy. If needed, talk to your care team for guidance.
- Treatment can affect your **ability to have children**. It may damage your reproductive organs or stop them from working. If you are worried about fertility, talk to your care team before starting treatment.
- Treatment may **harm an unborn baby**.
 - If you are able to become pregnant:
 - Your care team will verify your pregnancy status before treatment.
 - Use effective non-hormonal birth control (contraception) during treatment with camizestrant and for 1 month after the last dose. Talk to your care team about birth control methods that may be right for you during this time.
 - If you think you might be pregnant or if you become pregnant, tell your care team right away.
 - If your partner is able to become pregnant, use an effective method of birth control—such as condoms—during treatment and for 1 week after your last dose of camizestrant.
- **Do not breastfeed** during treatment and for 1 week after your last dose of camizestrant.

Additional Information

- **Tell your care team about all the medicines you take.**
This includes prescriptions, over-the-counter drugs, vitamins, and herbal products. Before starting any new medicine, supplement, or vaccine, ask your care team first.
- **This Patient Education Sheet may not describe all possible side effects.**
Call your care team for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Notes

Updated Date: October 12, 2026

Scan the QR code below to access this education sheet.

**Important Notice:**

The Association of Cancer Care Centers (ACCC), Hematology/Oncology Pharmacy Association (HOPA), Network for Collaborative Oncology Development & Advancement, Inc. (NCODA), and Oncology Nursing Society (ONS) have collaborated to gather information and develop this patient education guide. This guide is a summary of the medication, based on information provided by the drug manufacturer and other sources.

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